

# Frilly Heart

## Earrings or Pendant



This design is for a heart with a rounded base. Picots around the outer edge give a frilly effect because they probably won't sit completely flat. This depends somewhat on the beads you choose.

The heart is very light so it is ideal for earrings. Depending on your tension and the thread you use, you may like to strengthen the main beadwork with a sealer as the finished heart can be so flexible that it is difficult to keep it in shape. If you plan to use sealer, be aware that it will probably change the look of a matte bead to glossy.

To follow these patterns you will must be familiar with Peyote. There are many helpful tutorials on YouTube if you need some guidance.

### Materials

#11 Delica beads for the main body of the heart

#11 and #15 Seed beads in the same colour for the inner and outer edges

6 lb Fireline or thread of choice

Feature bead such as a crystal, dagger or drop, about 1cm in length, one per heart

Jump ring in the same colour as the seed beads, thin enough to go through a #11 bead (or a substituted Delica – see Step 6c)

Modge Podge or similar sealer

### Key

A = main body Delicas

2A and 8A = add this number of individual A beads, one by one








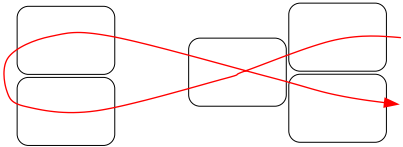
B = #11 seed beads







(2A) = 2 beads added together as an increase



C = #15 seed beads

(3B) and (3C) = 3 beads added together for a picot

## INSTRUCTIONS

<p><b>Step 1</b> <i>R1 &amp; 2 of body</i></p>	<p>a. Place a stop bead on about 70cm of thread, leaving a 20cm tail b. String 55A</p>	
<p><b>Step 2</b> <i>R3 of body</i></p>	<p>a. Peyote 8A</p>	
	<p>b. Peyote (2A) three times</p>	
	<p>c. Peyote 2A</p>	
	<p>d. Skip over 2A and sew through the third A</p>	
	<p>e. Peyote 2A and pull work firmly to create the top central heart shape</p>	
	<p>f. Peyote (2A) three times</p>	
	<p>g. Peyote 8A to match the other side</p>	
<p><b>Step 3</b> <i>Joining</i></p>	<p>a. Take off the stop bead b. Put the beadwork flat on your mat c. Sew through the beads as shown, exiting on the outside bead</p> 	

<b>Step 3 cont'd</b>	d. Pull firmly to join the strip	
<b>Step 4</b>	Peyote with A around the outer edge of the heart: <ul style="list-style-type: none"> <li>• treat the (2A) increases as 1 bead</li> <li>• use 1A in the middle of the top centre</li> <li>• step up at the end of the round</li> </ul>	
<b>Step 5</b> <i>Internal decoration</i>	a. Attach a needle to the tail thread b. Step up through an inside bead c. Peyote once around the inside of the heart with C d. Finish off the thread, sewing through the beadwork and changing direction at least once before cutting/burning off	
<b>Step 6</b> <i>Making the frills</i>	Using the working thread, Peyote: a. (3C) in each single bead space b. (3B) in each double bead space c. (3B) over the top centre space <i>(Check that your jump ring will go through the central B. If not, try using a Delica instead.)</i> Manipulate each set of 3 beads so that the second one 'pops up' between the outer beads. d. Finish off the thread as before	
<b>Step 7</b> <i>Adding a dangling decoration (optional)</i>	Secure a new thread in your beadwork then attach a dangling decoration to the C bead at the top point inside the heart. The way you do this will depend on whether the hole in the decoration is horizontal or vertical.	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p><i>Horizontal</i></p>  </div> <div style="text-align: center;"> <p><i>Vertical</i></p>  </div> </div>

<p><b>Step 8</b> <i>Adding a jump ring (optional)</i></p>	<p>Open the jump ring and carefully put it through the central top bead before closing again. If you prefer, you can sew a ring of beads instead.</p>	
<p><b>Step 9</b> <i>Strengthening the beadwork</i></p>	<ol style="list-style-type: none"> <li>Place the heart on some scrap card and manipulate it to get the shape that you want.</li> <li>Using a fine brush, apply a thin coat of sealer to the Delica beads only.</li> <li>When dry, turn over and do the same on the other side.</li> </ol>	

## LENGTH AND SHAPE VARIATIONS

It is possible to lengthen the heart, which will slightly alter the shape. Keep the top of the heart the same but increase the number of beads along the side. The variations I have tried are:

- String 59 beads and Peyote 9 before and after the increases.
- String 63 beads and Peyote 10 before and after the increases.



## Please Note

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