# Three Strand Bracelet By Elaine Wood

#### **Shopping list**

Size 11 cylinder beads (A) – orange Size 10 cylinder beads (B) – matte red 3mm bugle beads (C) – silver 4mm crystal bicone (D) – blue 3mm bugle beads (E) – white Size 11 seed beads (F) – black 6mm bugle beads (G) – Blue 9mm bugle beads (H) – silver Drop beads (I) – various colours



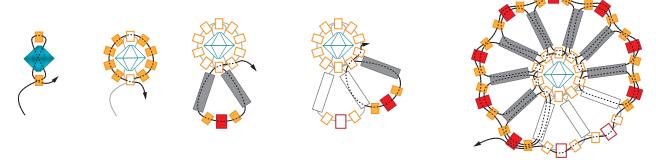
#### **Pinwheel Strand:**

**Step 1.** Pick up 1xA, 1xD and 1xA. Thread back through the D bead once more and the first A bead in the opposite direction. Pick up 4xA and thread through the second A bead added. Pick up 4xA and thread through the first A bead once more, to form a circle of A beads around the D bead.

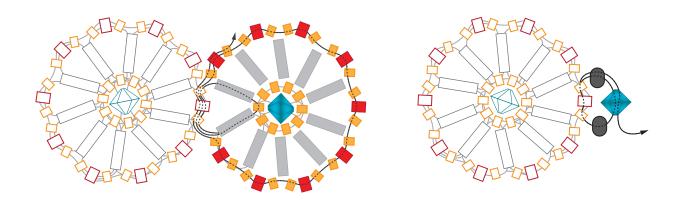
**Step 2.** Pick up 1xC, 1xA, 1xB, 1xA and 1xC and thread through the first A bead exited once more, and the next A bead along in the circle.

**Step 3.** Repeat Step 2 nine times, finishing by exiting a bead on the outside edge. Thread through all the outside A and B beads once more, to firm up the pinwheel. Secure and trim thread ends.

**Step 4.** Repeat Steps 1&2 to start a second pinwheel, followed by repeating Step 2 a further eight times. For the final set, pick up 1xC and thread through a set of A, B and A beads in the first pinwheel, to connect the two together. Continue through the first C bead added in the pinwheel and weave through to exit an edge bead. Thread through all the beads in the outer circle once more and secure and trim thread ends.



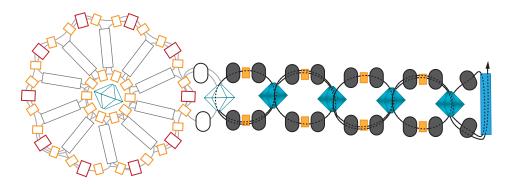
**Step 5.** Repeat Steps 1-4, alternating colours of pinwheels until the strand is 5cm shorter than the required bracelet length. Weave in a new thread to exit a set of A, B and A beads at the centre end of the last pinwheel.



**Step 6.** Pick up 1xF, 1xD and 1xF and thread through the set of three beads first exited once more. Continue through the next F and D beads. \*Pick up 1xF, 1xA, 1xF, 1xD, 1xF, 1xA and 1xF. Thread through the D bead first exited in this step, and continue through the next F, A, F and D beads.

**Step 7.** Repeat from\* three more times. Pick up 1xF, 1xG and 1xF. Thread through the D bead last exited and continue through the next F and G bead. Weave in a new thread to exit a set of A, B and A beads at the centre end of the pinwheel on the other end.

**Step 8.** Repeat Steps 6&7 for the other end of the bracelet. Secure and trim thread ends and set aside for now.

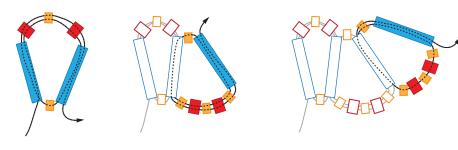


### Blue Bugle Strand:

**Step 9.** Pick up 1xG, 1xB, 1xA, 1xB, 1xG and 1xA. Thread through all the beads once more, except for the final A bead added, to bring round into a circle.

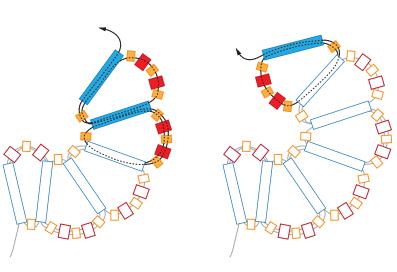
**Step 10.** Pick up 1xA, 1xB, 1xA, 1xB, 1xA, 1xG and 1xA. Thread through the G bead first exited, and all the beads just added, except for the final A bead.

**Step 11.** Pick up 1xA, 1xG, 1xA, 1xB, 1xA, 1xB and 1xA. Thread through the G bead first exited once more, and the following A and G beads.



**Step 12.** Repeat Steps 10&11 once more. This should give you four curved units forming a semicircle.

**Step 13.** Repeat Step 11 to start to reverse the direction of the curve.

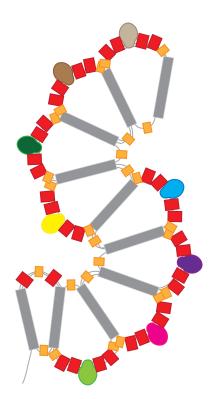


**Step 14.** Repeat Steps 10 and 11, followed by Step 10 once more, to add another three units to form a semi-circle facing the opposite way to the first four.

**Step 15.** Pick up 1xA, 1xG, 1xA, 1xB, 1xA, 1xB and 1xA. Thread through the G bead first exited once more, and the following A and G beads. Repeat Step 10 once more.

**Step 16.** Repeat Step 15 once more to add a final unit of four curving in the opposite direction again.

**Step 17.** Repeat Steps 13-16 until the bracelet is 2cm shorter than the required length and secure and trim thread ends. Set aside for now.



## Silver Bugle Strand:

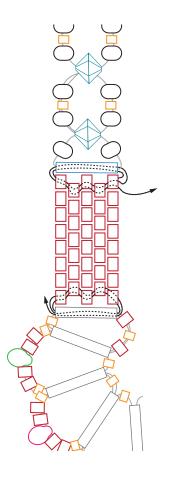
**Step 18.** Repeat Steps 9-17 to make a second strand, using H beads instead of G beads, and replacing the beads on the outside curve of each unit (1xA, 1xB, 1xA, 1xB and 1xA) with 1xA, 2xB, 1xI, 2xB and 1xA. Again, finish 2cm shorter than the required length. Secure and trim thread ends.



**Step 19.** Leaving a 30cm tail, use odd-count Peyote stitch to bead a strip of B beads that's five beads wide and 15 rows long.

**Step 20.** Pick up the silver bugle strand and attach the end of the Peyote strip to the first H bead in the strand by threading through the H bead, the last 5 B beads in the strip, and the H bead once more. Repeat the thread path to secure.

**Step 21.** Returning to the tail thread, and in a similar way to Step 20, attach the final G bead of the pinwheel strand to the first 5 B beads in the strip. Secure and trim thread ends.



**Step 22.** Weave a new thread in to exit the centre of the Peyote strip. Using a 'stitch in the ditch' method, add four rows of B beads onto the centre of the strip.

**Step 23.** In the same manner as Step 20, attach the final G bead of the blue bugle strand to the last 5 B beads. Weave through the strip to exit the other side (without the extra rows of B beads on) and attach one half of the clasp. Secure and trim thread ends.

**Step 24.** Repeat Steps 19-23 for the other end of the bracelet, with the second half of the clasp. Add any extra strands of charms, links or beads as desired – Elaine has added another strand of gemstone links.

