## You will need:

- Approx $7-8 \mathrm{~g}$ of bugles in 2 colours (A \& B)
- 4-5g Size $11 \& 7-8 \mathrm{~g} \times$ Size 8 seed beads in colour A
- $5-6 \mathrm{~g}$ Size $11 \& 2-3 \mathrm{~g} \times$ size 15 seed beads in colour B
- 2 Bead caps (optional)
- A few matching beads for use with the bead caps and at the fastening
- A small piece of purl (French wire)
 OR thread guardians and a fastening of your choice
- Needle \& beading thread of your choice

NOTE I used 6lb Fireline doubled for the bugle spiral because of the possible sharp edges

## Bugle ribbon

- Thread up about $6 \mathrm{ft}(2 \mathrm{~m})$ Fireline which you will be using doubled

1. Pick up the following beads:

Colour A: $1 \times$ bugle $-1 \times 11 / 0-1 \times 8 / 0$
Colour B: $1 \times$ bugle $-1 \times 15 / 0-1 \times 11 / 0$

2. Pass your needle through the $A$ bugle, $11 / 0$ and $8 / 0$ and pull gently so that the beads form a circle
3. Pick up colour $B$ : $1 \times$ bugle $-1 \times 15 / 0-1 \times 11 / 0$ and pass your needle through the colour $B$ size $11 / 0$ bead from the previous round
4. Pick up colour $\mathrm{A}: 1 \times$ bugle $-1 \times 11 / 0-1 \times 8 / 0$ and pass your needle through the colour A size $8 / 0$ seed bead from the previous round
5. Repeat steps $3 \& 4$ until your spiral is the length you require
6. Make a small knot to hold the beads in place and set to one side

NOTE Make sure you keep your tension firm so there is very little thread showing but not too tight as you want the spiral to be flexible

## Design

You can make the spiral the complete length of your necklace or bracelet in which case you have the options of simply finishing the spiral and then adding the fastening of your choice - with or without bead caps.

If you are not going to use the bead caps then you will need to decide how you are going to taper the ends so that the fastening sits neatly in the middle of the spiral. You will then need to take these rows into account for your finished length.

If you are going to use bead caps, then remember that your spiral will need to stop about $2-2 \frac{1}{2}$ inches ( $5-7 \mathrm{~cm}$ ) shorter than your finished length to account for the bead caps, beads and fastening. You will still need to taper the spiral, but this will sit for the most part inside the bead cap.

Following are the instructions for how to complete the necklace as in the picture

## Middle join

- Stop your spiral about $3 / 4$ inch $(2 \mathrm{~cm})$ shorter than you want it to be
- Taper the end by continuing the spiral, but substitute size 11/0 seed beads instead of the bugles, and decrease by one each round as this will bring both sides in to a point, which will fit into the bead cap

- Secure your thread into the spiral but do not cut it as you are going to use this as part of the base for the bead caps and beads
- Pick up the tail at the beginning of the spiral and if you have enough, repeat as above to taper this end. If you don't have enough thread, add in a new thread to taper the spiral to a point to fit inside the bead cap. Once you have completed the taper, secure your thread into the spiral but don't cut as you will again use this as the base for the bead cap and beads of the join
- At each end of the spiral pass the threads through a bead cap and pull the tapered ends inside. Pick up a few matching or contrasting beads or crystals and add a stop bead to hold these beads in place while you complete the spirals for the back of the necklace.


## Back half of the necklace

- Thread up a new length of thread which you will be using singly
- Pick up $3 \times$ size $11 / 0$ B $-1 \times$ size $11 / 0 \mathrm{~A}-1 \times$ size $8 / 0 \mathrm{~A}-1 \times$ size 11/0 A
- Pass your needle up through the size B seed beads and pull gently but firmly so that the beads sit side by side, leaving a tail
 of about 3-4 inches / 12-15 cm

1. Pick up $1 \times$ size $11 / 0 B-1 \times$ size $11 / 0 \mathrm{~A}-1 \times$ size $8 / 0 \mathrm{~A}-1 \times$ size $11 / 0 \mathrm{~A}$
2. Pass your needle up through the top $2 \times B$ beads plus the one just added ( 3 beads in total) and pull gently but firmly and push the $3 \times \mathrm{A}$ beads to one side

- Complete steps 1 \& 2 as above until the spiral is the length you need

NOTE Remember to make sure that you always push the A beads to the same side so that your staircase spirals and doesn't become confused!

- When your spiral is the length you need, make a small knot to hold the beads in place and put this aside
- Make a 2nd piece to match


## Constructing the necklace

- Thread up the tail of one of the pieces of the spiral staircase
- Remove the stop bead on one side of the front spiral and thread your needle back through the joining beads moving towards the bead cap
- Continue through the bead cap and secure your thread into the bugle spiral with a couple of knots

NOTE Make sure you pull the thread firmly so the spiral staircase sits snug between the joining beads and bead cap with no thread showing

- Thread up the tails of the front spiral on this side and weave them into the spiral staircase, securing with a couple of knots
- Repeat at the other side of the front spiral, attaching the $2^{\text {nd }}$ piece of spiral staircase


## Adding the fastening

- Thread up a tail on one of the spiral staircase pieces
- Pick up a few beads, a piece or purl (or thread protector) and one piece of the fastening
- Pass your needle back through the last bead, then through the following beads, heading back into
 the necklace to pull the purl into a loop
- Weave your thread into the spiral staircase and secure with a couple of small knots
- Repeat at the end of the other piece of spiral staircase to add the $2^{\text {nd }}$ part of the fastening

